

## Flaming Grill Salad

Servings: 1

### INGREDIENTS

- 1 ea roma tomato, split
- 2 oz red onion, sliced
- 2 oz zucchini, sliced on the bias
- 2 oz eggplant, sliced on the bias
- 2 oz yellow squash, sliced on the bias
- 1 oz Beyond® butter substitute
- 3 oz chopped romaine
- 1 oz roasted red pepper
- 1 oz roasted yellow pepper
- 2 oz Monarch® melon yogurt with mint dressing
- 1 ea Patuxent Farms® 4oz chicken breast, grilled and sliced

### PREPARATION

Toss tomato, onion, zucchini, eggplant and squash with the Beyond; grill and chill. Place romaine in mixing bowl, add grilled vegetables and roasted peppers. Toss with the melon yogurt with mint dressing. Serve on a chilled plate. Top with the grilled, sliced chicken.

